

Q.P Code: 202318

Reg. No:

**M. Phil Clinical Psychology Part II Regular/Supplementary
Examinations April 2021**

**Paper II: Psychotherapy and Counselling
(2016 Scheme)**

Time: 3 hrs

Max. Marks: 70

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw table/diagrams/flow charts wherever necessary*

Long Essays

(4x14=56)

1. Explain the 'components of mindfulness based stress reduction and examine its effectiveness in various anxiety disorders
2. Describe the objectives and types of interviews. Enumerate the various skills a psychotherapist is required to have for conducting a successful clinical interview.
3. Discuss the role of psychodynamic therapies in the treatment of personality Disorders
4. Discuss the various approaches to family therapy and outline its indications and contraindications

Short Essays

(2x7=14)

5. Efficacy of parent management training in conduct disorder
6. Outline the factors responsible for therapeutic change in group therapy
